A logbook experienced in the study of inclusive design by APF France Handicap and the group SEB.

LOGBOOK
Topics: To cook / Body care / Home maintenance

Procedure for handing over the logbook:

Introduce the logbook (tool from the Good Design Playbook)
I am giving you a logbook so that you can jot down things that you will think about these next days that we would not have mentioned in this interview. You can fill it out and give it to me the next time we meet.

Give examples of answers to be completed:
Action taken or object used: Make a coffee
Start time: 8:47 am
End time: 8:53 am
Were you helped on any part of this action? Yes
If so, which one? To raise the coffee maker and serve the coffee in the glass
What did you do alone? Prepare coffee, clean the coffee maker
What was the point of frustration / of blocking? The coffee maker is too heavy when filled
Do you have an idea to improve this usage? A smaller coffee maker will be less heavy

Leave example of objects that the participant may have to use at different times of the day:
In the morning, for example, you can use:
  - A hair dryer
  - A coffee machine
  - A toaster
  - …
At noon, you can for example use:
  - A vacuum cleaner
  - A conservation box
  - A knife
  - …
In the evening, you can for example use:
  - An iron
  - A corkscrew
  - A pressure cooker
  - …

LOGBOOK
To be completed by the participant

Kitchen / body care / house maintenance

The morning:

Action carried out or object used:
Start time:
End time:
Have you been helped on part of this use?
If so, which one?
What have you done alone?
What was the point of frustration / of blocking?
Do you have an idea to improve this usage?
Anything else to add?

Action carried out or object used:
Start time:
End time:
Have you been helped on part of this use?
If so, which one?
What have you done alone?
What was the point of frustration / of blocking?
Do you have an idea to improve this usage?
Anything else to add?

Action carried out or object used:
Start time:
End time:
Have you been helped on part of this use?
If so, which one?
What have you done alone?
What was the point of frustration / of blocking?
Do you have an idea to improve this usage?
Anything else to add?

The twelve o'clock:

Action carried out or object used:
Start time:
End time:
Have you been helped on part of this use?
If so, which one?
What have you done alone?
What was the point of frustration / of blocking?
Do you have an idea to improve this usage?
Anything else to add?

Action carried out or object used:
Start time:
End time:
Have you been helped on part of this use?
If so, which one?
What have you done alone?
What was the point of frustration / of blocking?
Do you have an idea to improve this usage?
Anything else to add?

Action carried out or object used:
Start time:
End time:
Have you been helped on part of this use?
If so, which one?
What have you done alone?
What was the point of frustration / of blocking?
Do you have an idea to improve this usage?
Anything else to add?

Action carried out or object used:
Start time:
End time:
Have you been helped on part of this use?
If so, which one?
What have you done alone?
What was the point of frustration / of blocking?
Do you have an idea to improve this usage?
Anything else to add?

In the evening :

Action carried out or object used:
Start time:
End time:
Have you been helped on part of this use?
If so, which one?
What have you done alone?
What was the point of frustration / of blocking?
Do you have an idea to improve this usage?
Anything else to add?

Action carried out or object used:
Start time:
End time:
Have you been helped on part of this use?
If so, which one?
What have you done alone?
What was the point of frustration / of blocking?
Do you have an idea to improve this usage?
Anything else to add?

Action carried out or object used:
Start time:
End time:
Have you been helped on part of this use?
If so, which one?
What have you done alone?
What was the point of frustration / of blocking?
Do you have an idea to improve this usage?
Anything else to add?

Do you have other things to share?